



DEL TACO MENU ITEMS ALLERGEN GUIDE (JUNE 2019)

|   | Menu Item Name                              | CLAIMS     |       |      |      |      | ALLERGENS |           |         |       |          | SENSITIVITIES |     |
|---|---|------------|-------|------|------|------|-----------|-----------|---------|-------|----------|---------------|-----|
|   |   | Vegetarian | Vegan | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten        | MSG |
| <b>TACOS &amp; TOSTADAS</b>             | Beer Battered Fish Taco                     |            |       | X    | X    | X    |           |           |         | X     | X        | X             |     |
|   | Beyond Taco*                                | X          |       | X    |      |      |           |           |         |       |          |               |     |
|   | Beyond Avocado Taco*                        | X          | X     |      |      |      |           |           |         |       |          |               |     |
|   | Street Taco (Carne Asada)                   |            |       | X    |      |      |           |           |         |       |          |               |     |
|   | Street Taco (Chicken)                       |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | CrunchTada Tostada                          | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Flatbread Taco (Carne Asada)                |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Flatbread Taco (Chicken)                    |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Grilled Chicken Taco                        |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | The Del Taco (Crunchy)                      |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | The Del Taco (Soft)                         |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Value Taco (Crunchy)                        |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
| Value Taco (Soft)                       |   |            | X     |      |      |      |           | X         | X       | X     |          |               |     |
| <b>BURRITOS</b>                         | 1/2lb Bean & Cheese Burrito (Green)         | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | 1/2lb Bean & Cheese Burrito (Red)           | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | 8 Layer Veggie Burrito                      | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Beyond Burrito                              | X          |       |      |      |      |           |           | X       | X     | X        |               |     |
|   | Carne Asada Wet Burrito                     |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chicken Roller (Chipotle)                   |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Chicken Roller (Original)                   |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chicken Roller (Ranch)                      |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Chicken Verde Wet Burrito                   |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Classic Grilled Chicken Burrito             |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Del Beef Burrito™                           |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Del Combo Burrito™                          |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Beyond Cali Burrito                    | X          |       |      |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Cali Steak & Guac Burrito              |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Carne Asada Burrito                    |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Grilled Chicken Avocado Burrito        |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Queso Chicken Burrito                  |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Epic Steak & Potato Burrito                 |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Jacked Up Value Bean, Rice & Cheese Burrito |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Kid's Value Bean & Cheese Burrito (Green)   | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
| Kid's Value Bean & Cheese Burrito (Red) | X   |            | X     |      |      |      |           | X         | X       | X     |          |               |     |
| Macho Combo Burrito™                    |   |            | X     |      |      |      |           | X         | X       | X     |          |               |     |
| Spicy Grilled Chicken Burrito           |   |            | X     |      |      |      |           | X         | X       | X     |          |               |     |
| <b>FRESCA BOWLS</b>                     | Avocado Veggie Bowl                         | X          | X     |      |      |      |           |           |         |       | X        |               |     |
|   | Pollo Asado Avocado Bowl                    |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
| <b>AMERICAN GRILL</b>                   | Bacon Double Del Cheeseburger®              |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Carne Asada Fries                           |            |       | X    | X    |      |           |           |         |       |          |               |     |
|   | Cheeseburger                                |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chili Cheddar Fries                         |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Crinkle-Cut Fries (Kids)                    | X          | X     |      |      |      |           |           |         |       |          |               |     |
|   | Crinkle-Cut Fries (Small)                   | X          | X     |      |      |      |           |           |         |       |          |               |     |
|   | Crinkle-Cut Fries (Medium)                  | X          | X     |      |      |      |           |           |         |       |          |               |     |
|   | Crinkle-Cut Fries (Macho)                   | X          | X     |      |      |      |           |           |         |       |          |               |     |
|   | Del Cheeseburger™                           |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Deluxe Chili Cheddar Fries                  |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Double Del Cheeseburger®                    |            |       | X    | X    |      |           |           | X       | X     | X        |               |     |
|   | Kid's Hamburger                             |            |       |      |      |      |           |           | X       | X     | X        |               |     |
|   | Queso Loaded Fries                          |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
| <b>QUESADILLAS &amp; NACHOS</b>         | Cheddar Quesadilla                          | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chicken Cheddar Quesadilla                  |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chicken Spicy Jack Quesadilla               |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Chicken Quesadilla Snacker                  |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Kid's Quesadilla                            | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Queso Loaded Nachos (Beef)                  |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Queso Loaded Nachos (Carne Asada)           |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Queso Loaded Nachos (Chicken)               |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Mini Bacon Quesadilla                       |            |       | X    |      |      |           |           | X       | X     | X        |               |     |
|   | Mini Cheddar Quesadilla                     | X          |       | X    |      |      |           |           | X       | X     | X        |               |     |
| Spicy Jack Quesadilla                   | X   |            | X     |      |      |      |           | X         | X       | X     |          |               |     |

|                                   |  | CLAIMS     |       |      |      |      | ALLERGENS |           |         |       |          |        | SENSITIVITIES |  |
|-----------------------------------|--|------------|-------|------|------|------|-----------|-----------|---------|-------|----------|--------|---------------|--|
|                                   |  | Vegetarian | Vegan | Milk | Eggs | Fish | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten | MSG           |  |
| <b>DESSERTS &amp; SHAKES</b>      | Cinnamon Churro                                | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Caramel Cheesecake Bites                       | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Chocolate Chip Cookies                         | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Churro Dipper Shake                            | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Premium Shake (Chocolate)                      | X          |       | X    |      |      |           |           |         |       |          |        |               |  |
|                                   | Premium Shake (Strawberry)                     | X          |       | X    |      |      |           |           |         |       |          |        |               |  |
| Premium Shake (Vanilla)           | X  |            | X     |      |      |      |           |           |         |       |          |        |               |  |
| <b>HANDCRAFTED ENSALADAS</b>      | Chicken Bacon Avocado Salad                    |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Mexican Chopped Chicken Salad                  |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | Signature Taco Salad                           |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
| <b>PLATOS</b>                     | Chicken Verde Wet Burrito                      |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | Carne Asada Wet Burrito                        |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | 2 Del Tacos (Beef)                             |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | 2 Street Tacos (Grilled Chicken)               |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | 2 Street Tacos (Carne Asada)                   |            |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | 2 Beer Battered Fish Tacos                     |            |       | X    | X    | X    |           |           |         | X     | X        | X      |               |  |
| <b>SIDES</b>                      | Bean & Cheese Cup                              | X          |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | Potato Poppers (4 Piece)                       | X          |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
|                                   | Potato Poppers (6 Piece)                       | X          |       | X    |      |      |           |           |         | X     | X        | X      |               |  |
| <b>BREAKFAST</b>                  | Breakfast Roller (Bacon)                       |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Burrito                              | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Burrito (Bacon)                      |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Burrito (Carne Asada)                |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Burrito (Chorizo)                    |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Taco (Bacon)                         |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Taco (Carne Asada)                   |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Taco (Chorizo)                       |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Taco (Egg & Cheese)                  | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Roller (Chorizo)                     |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Breakfast Roller (Egg & Cheese)                | X          |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Epic Scrambler (Bacon)                         |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Epic Scrambler (Carne Asada)                   |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
|                                   | Epic Scrambler (Chorizo)                       |            |       | X    | X    |      |           |           |         | X     | X        | X      |               |  |
| Epic Scrambler (Huevos Rancheros) |  |            | X     | X    |      |      |           |           | X       | X     | X        |        |               |  |
| Hashbrown Sticks (5 pieces)       | X  |            |       |      |      |      |           |           |         |       |          |        |               |  |
| <b>DRINKS</b>                     | Prima Java Hot Coffee                          | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Prima Java Iced Coffee                         | X          |       | X    |      |      |           |           |         |       |          |        |               |  |
|                                   | Milk (2%)                                      | X          |       | X    |      |      |           |           |         |       |          |        |               |  |
|                                   | Simply Orange                                  | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Bottled Water                                  | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Real Strawberry Lemonade                       | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
| <b>FOUNTAIN DRINKS</b>            | Fountain Drink (Barq's Root Beer)              | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Cherry Coke)                   | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Coca-Cola Zero)                | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Coca-Cola)                     | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Diet Coke)                     | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Dr Pepper)                     | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Fanta Orange)                  | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Fuze Raspberry Ice Tea)        | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Hi C Fruit Punch)              | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Minute Maid Light Lemonade)    | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Mr. Pibb Xtra)                 | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Power Aid Blue Mountain Blast) | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Fountain Drink (Sprite)                        | X          | X     |      |      |      |           |           |         |       |          |        |               |  |
|                                   | Gold Peak Tea                                  | X          | X     |      |      |      |           |           |         |       |          |        |               |  |

| INGREDIENTS | Ingredient Name              | CLAIMS     |       |      |      | ALLERGENS |           |           |         |       |          | SENSITIVITIES |     |
|-------------|------------------------------|------------|-------|------|------|-----------|-----------|-----------|---------|-------|----------|---------------|-----|
|             |                              | Vegetarian | Vegan | Milk | Eggs | Fish      | Shellfish | Tree Nuts | Peanuts | Wheat | Soybeans | Gluten        | MSG |
|             | 100% USDA Beef Patties       |            |       |      |      |           |           |           |         |       |          |               |     |
|             | Avocado                      | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Beer Battered Fish           |            |       | X    |      | X         |           |           |         | X     |          | X             |     |
|             | Burger Sauce                 | X          |       | X    | X    |           |           |           |         |       |          |               |     |
|             | Cabbage                      | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Caramel Cheesecake Bites     | X          |       | X    | X    |           |           |           |         | X     | X        | X             |     |
|             | Carne Asada                  |            |       | X    |      |           |           |           |         |       |          |               |     |
|             | Cheddar Cheese               | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Cheddar Potato Poppers       | X          |       | X    |      |           |           |           |         | X     |          | X             |     |
|             | Chipotle Sauce               | X          |       | X    | X    |           |           |           |         | X     | X        | X             |     |
|             | Chocolate Chip Cookies       | X          |       | X    | X    |           |           |           |         | X     | X        | X             |     |
|             | Chocolate Syrup              | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Chopped Bacon                |            |       |      |      |           |           |           |         |       |          |               |     |
|             | Chorizo Sausage              |            |       |      |      |           |           |           |         |       |          |               |     |
|             | Cilantro                     | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Cilantro Pepita Dressing     | X          |       | X    | X    |           |           |           |         |       |          |               |     |
|             | Cinnamon Churro              | X          |       | X    | X    |           |           |           |         | X     | X        | X             |     |
|             | Coffee                       | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Coffee Creamer               | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Corn Tortilla                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Creamy Ranch                 | X          |       | X    | X    |           |           |           |         |       |          |               |     |
|             | Crinkle Cut Fries            | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Del Scorcho Sauce            | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Dill Pickle Chips            | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Eggs                         | X          |       |      | X    |           |           |           |         |       |          |               |     |
|             | Flatbread                    | X          |       | X    |      |           |           |           |         | X     | X        | X             |     |
|             | Fresca Lime Rice             | X          | X     |      |      |           |           |           |         |       | X        |               |     |
|             | Freshly Fried Tortilla Chips | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Fryer Oil                    | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Green Sauce                  | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Grill Seasoning              | X          |       | X    | X    |           |           |           |         |       | X        |               |     |
|             | Grilled Marinated Chicken    |            |       | X    |      |           |           |           |         | X     | X        | X             |     |
|             | Guacamole                    | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Hamburger Buns               | X          | X     |      |      |           |           |           |         | X     | X        | X             |     |
|             | Hamburger Seasoning          | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Hashbrown Sticks             | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Inferno Sauce                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Jalapeno Peppers             | X          | X     |      | X    |           |           |           |         |       |          |               |     |
|             | Jumbo Shrimp                 |            |       | X    | X    |           | X         |           |         | X     | X        | X             |     |
|             | Ketchup                      | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Large Taco Shell             | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Lemons                       | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Lettuce                      | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Lettuce Blend                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Lime Seasoning               | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Limes                        | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Mild Salsa Bar               | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Mild Sauce                   | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Milk 2%                      | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Onions                       | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Pinto Beans                  | X          | X     |      |      |           |           |           |         | X     | X        | X             |     |
|             | Queso Sauce                  | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Real Strawberry Topping      | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Roasted Chile Salsa          | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Salsa Bar Hot                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Salsa Casera                 | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Salsa Seasoning              | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Seasoned Beef                |            |       |      |      |           |           |           |         | X     | X        | X             |     |
|             | Seasoned Black Beans         | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Secret Sauce                 | X          |       | X    | X    |           |           |           |         |       |          |               |     |
|             | Sharp American Cheese        | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Sour Cream                   | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Spicy Jack Cheese            | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Tomatoes                     | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Tortilla (Burritos)          | X          | X     |      |      |           |           |           |         | X     |          | X             |     |
|             | Tortilla (Epic Burritos)     | X          | X     |      |      |           |           |           |         | X     | X        | X             |     |
|             | Tortilla (Small Burritos)    | X          | X     |      |      |           |           |           |         | X     |          | X             |     |
|             | Tortilla (Tacos)             | X          | X     |      |      |           |           |           |         | X     |          | X             |     |
|             | Tostada Shell                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Value Taco Shell             | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Vanilla Shake                | X          |       | X    |      |           |           |           |         |       |          |               |     |
|             | Vanilla Syrup                | X          | X     |      |      |           |           |           |         |       |          |               |     |
|             | Whipped Cream                | X          |       | X    |      |           |           |           |         |       |          |               |     |

Please be advised that there is a possibility for cross contact with allergens and animal products within Del Taco kitchens and prep areas.

A vegetarian diet does not include any meat, poultry, game, fish, shellfish or by-products of animal slaughter.

A vegan diet avoids animal foods such as meat, poultry, game, fish, shellfish, dairy, eggs and honey.

\*For items containing Beyond Meat: Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy. Our products do not contain peanuts or tree nuts.